

HARRISON PHYSICAL THERAPY, LLC. HEALTH HISTORY QUESTIONNAIRE OUTPATIENT

| | 210 |
|----|-----|
| ., | 41E |

| Name: | | | |
|------------------------------------|--------|--------|--|
| Cell Number: | | Email: | |
| Address: | | | |
| DOB: | | | |
| Primary Physician: | Phone: | Fax: | |
| | | | |
| Primary reason/problem seeking PT: | | | |

General Health

- 1. Rate you current Health: Poor Fair Good Excellent
- 2. Do you exercise on a regular basis? Yes No
- 3. Do you smoke currently or in the past? Yes No
- 4. How many days per week do you drink alcohol on average?
- 5. How many caffeinated beverages do you drink per day?

Please place a checkmark beside any of the following that apply to you below:

- 6. Frequent bathroom visits.
- 7. Having to frequently start and stop when you're trying to pee.
- 8. Straining or pushing to pass a bowel movement.
- 9. Having to change positions on the toilet or use your hand to eliminate stool.
- 10. Constipation
- 11. Leaking stool
- 12. Leaking urine
- 13. Painful Urination.
- 14. Unexplained lower back pain
- 15. Ongoing pain in your pelvic region, genitals or rectum with or without a bowel movement

Personal Medical History:



Surgical History

<u>Current Problem Description:</u> (Primary concern and how function is impacted)

| Surgery Type | Date | Current Functional Limitations/Restrictions as a Result of Surgery |
|-----------------|------|--|
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| | | |
| | | |
| Medicatio | | cluding over the counter medications |

| (Tylenol/Aspirii | 1) | | | |
|------------------|--------|-----------|---------|--|
| Medication | Dosage | Frequency | Purpose | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Do you take any natural preparations, supplements or vitamins? YES NO

| Natural | Dosage | Frequency | Purpose |
|------------------------|--------|-----------|---------|
| Preparation/Supplement | | | |
| | | | |
| | | | |
| | | | |



Patient Goals For Physical Therapy: (Circle all that apply)

Reduce Pain/Swelling
Increase Mobility of Joint Improved Walking Improved Transfer
Learn a Skill Strengthen Improve Activity/Function